



THE CTC COALITION

Who we are. What we do. How we can help.



SPARKING A REVOLUTION

in youth Mental Wellness



HEARTS AND HANDS TOGETHER

**All of us for the mental
well-being for the families
of Summit County, Utah**

Communities That Care, CTC, helps all the many youth serving organizations work together to effectively bring about positive change. We are loyal to our partners, to our youth and parents, and to our community as a whole.

We are 100% committed to helping you help them.





THE 4 PILLARS OF COMMUNITY WELLBEING



1. **Collaboration:** We see each person and each organization as important contributors.

2. **Compassion:** Connection is prevention. We move beyond stigma to foster opportunities for meaningful interactions within our community.

3. **Innovation:** We boldly try fresh and groundbreaking approaches to engagement. Action matters.

4. **Education:** Knowledge empowers. CTC provides access to a plethora of programs, classes, and resources. We are committed to engaging our youth **BEFORE** they reach for comfort in drugs.



WHO WE HELP



1. **Youth:** The young people in our community are bright, caring and seek support for themselves and their friends. It is our role to provide them with all the resources they need to thrive.

2. **Parents:** The parents in our community want their children to feel safe, happy and content. We provide ongoing development opportunities for parents to be as effective as possible.

3. **Partners:** There is incredible work happening in all our partner organizations. Our role is to support, elevate and expand participation in all healthy youth programs and initiatives.



WHAT WE STAND FOR



Communities That Care Coalition brings our community together around **mental wellness and youth substance abuse prevention.**

Suicide is the leading cause of death for adolescents in Utah. **This has to stop.** We have to recognize this in our community and do everything we can to stop this epidemic.

Awareness and collaboration is key, as is intention. CTC helps community organizations and families of Summit County to work together in identifying issues and creating real solutions through groundbreaking initiatives and programs.

CTC views each person and each organization as key contributors.

We don't just talk. We act.



GET INVOLVED

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Communities That
Care

